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Erasmus+

ATA TOPRAK KILIÇASLAN

born on 22/09/2004

participated in the Youth Exchange

E.A.R.T.H: ECO-ACTION, RESILIENCE, AND TRANSFORMATIVE HABITS

in Plovdiv, Bulgaria; and online

from 07/06/2025 to 15/06/2025

About the project

The project tackles the pressing issue of how our lifestyle choices impact the planet and shape the future we will live in.

This certificate has been issued by Institute for Research and Reform.



Roumiana Atanassova
Legal representative

*Electronically signed on 13/06/2025 18:09 by Roumiana
Atanassova*

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PROJECT CONTEXT

PROJECT DETAILS

Below are further details about the project in which Ata Toprak Kılıçaslan participated.

E.A.R.T.H: Eco-Action, Resilience, and Transformative Habits

Youth Exchange | 07/06/2025–15/06/2025 | in Plovdiv, Bulgaria; and online

Main activities: The goal of the project is to foster a new generation of young eco-entrepreneurs and active citizens who will lead the way in addressing climate change, promoting sustainability, and driving eco-innovation through activities like:

Ice-breakers, Interactive workshops on climate change and eco-friendly practices, Eco-entrepreneurship sessions, Creative and Practical Activities, Field activities, Group discussions, Team-building and cultural exchange.

Main outcomes:

1. Increase Knowledge of Climate Change and Sustainability: Use youth-focused workshops, debates, and hands-on activities to build understanding of climate change, its causes, effects, and how daily habits impact the environment.
2. Foster Eco-Action: Help participants create personal and community-based strategies to address climate change through project-based learning and teamwork.
3. Promote Sustainable Habits: Encourage lifestyle changes that reduce ecological impact, like minimizing waste, using renewables, and avoiding plastics.
4. Build Daily Eco-Routines: Support the adoption of sustainable daily practices such as recycling, composting, and energy-saving to build resilience and model change.
5. Encourage Eco-Entrepreneurship: Guide youth in developing green business ideas through workshops and mentorship, turning sustainability into opportunity.
6. Raise Awareness of Waste and Renewables: Engage participants in activities like eco-product creation and recycling projects to highlight the importance of waste reduction and clean energy.

Hosting organisation: Institute for research and reform

Group: 50 participants

The working language of the project was English.

Further information about the Erasmus+ programme can be found here: <https://ec.europa.eu/programmes/erasmus-plus/>
More information about this project can be found in the Erasmus+ Projects Results Platform: https://ec.europa.eu/programmes/erasmus-plus/projects_en